



Existential Supervision Group *with*

Lydia Sterry B.A (hons) M.A

SHARING THE **LOAD**

**CONFIDENTIAL & SUPPORTIVE
WITH NO MORE THAN SIX OTHER
THERAPISTS**

Friday Monthly AT 9.30 - 11.00am

(Next start date to be confirmed)

LOW COST at \$40 per person, per
session, for 6 sessions
(\$240 is payable prior to the start of the group)

Based in MIRRABOOKA, Perth

**If W.A finds itself in lockdown,
sessions will continue via zoom**

**THIS IS A UNIQUE OPPORTUNITY
TO WORK WITH A FORMERLY
LONDON BASED TRAINED
EXISTENTIAL SUPERVISOR**

A WEALTH OF EXPERIENCE WORKING WITH PSYCHOTHERAPISTS & PSYCHOLOGISTS

SPECIALITIES in:

- ~Unpacking **COMPLEX** cases
- ~Unpacking the 'unknown',
- ~Unpacking triggers and
'stuckness'

*You'll have opportunities to
work through and recognise:*

- ~**REPETITIVE THEMES**
- ~ **BLIND SPOTS**
- ~ **Transference &
Countertransference**
- ~ **ENDINGS, BOUNDARIES, MODES
of RELATING, the FRAME, FEED-
BACK** and many other
valuable supervision material.

This Group SUPERVISION
is designed to offer you a
'reflective' space to
explore supervision
materials/processes.

Know you're in safe hands
with an accredited
supervisor with over
twenty years
experience
as a psychotherapist and
ten years experience as a
supervisor.



TEL: **0421540798**

TO REGISTER EMAIL: **progressiveprocess@live.com.au**