

CONFIDENTIAL & SUPPORTIVE
WITH NO MORE THAN
TEN OTHERS

Runs FORTNIGHTLY on Mondays at 6.00 - 8.00pm

(Next start date to be confirmed)

LOW COST at \$60 per person, per session over a 12 week period

Based in MIRRABOOKA, Perth

A UNIQUE OPPORTUNITY

TO WORK WITH A FORMERLY
LONDON BASED TRAINED
EXISTENTIAL PSYCHOTHERAPIST

A WEALTH OF EXPERIENCE WORKING WITH PERSONAL DEVELOPMENT GROUPS THROUGH SELF AWARENESS AND SELF EXPRESSION.

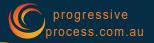
This GROUP is designed to give you a chance to understand how you really INTERACT in a group with others.

Know you are in safe hands with an accredited and experienced psychotherapist who has over 15 YEARS in the industry.

TOPICS involve exploring:

- our OWN unique interactions
 how we're perceived and
 EXPERIENCED by others
 Insightful feedback
 - ~ Other relevant therapeutic material

The goal of our work together is to identify our limiting patterns and beliefs ABOUT OURSELVES to enhance our interpersonal relationships.



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