

Experiencing your own MOCK DEATH Workshop

with Lydia Sterry B.A (hons) M.A



Have you ever **THOUGHT** what it would be like to experience your **OWN DEATH** and what may come up for you in the **PROCESS**?

CONFIDENTIAL & SUPPORTIVE

with no more than 6 OTHER participants

Duration: 10 hours

(Qualifies for PD points)

(Next start date to be confirmed)

**Presented over 2 days from
10.00 - 3.00 PM**

\$150 per person

Based in **MIRRABOOKA**, Perth
Light **REFRESHMENTS** provided

SPECIALITIES in:

Gaining a deeper understanding of **WHAT** your death really means to **YOU**

Addressing and softening the **REALITY** of death

Preparing your own **EULOGY** and other materials

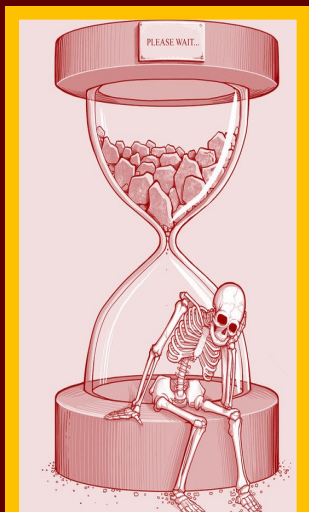
OPPORTUNITY to explore **EXISTENTIAL THEMES** that may arise throughout the workshop

Providing space to **REFLECT** and contemplate on **EXISTING & NON EXISTING**

Offering an optional **COFFIN** experience, the **LATEST** current death information & much more..

THIS **Existential** POWER POINT WORKSHOP IS DESIGNED TO **CONTAIN ANY DEATH**

ANXIETIES AND CHALLENGE ANY **ASSUMPTIONS** TOWARDS A CLEARER UNDERSTANDING OF WHAT YOUR OWN DEATH MAY MEAN TO YOU.



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Email to request an enrollment form